



# Tour des Trees

## Ride Guide

Volume 3, Issue 5

July 2019



## Welcome!

We are so glad you are joining us for Tour des Trees 2019.

This monthly e-newsletter contains Tour updates and important information aimed to help you prepare for your ride.

## Training for the Tour

I have just returned from my final review of this year's Tour des Trees route and the following are my reflections on the anticipated rider experience. To begin, here is a preview of the maps and the numbers (*please note these routes will not be final until the week prior to the Tour des Trees and thus should not be downloaded to your navigation devices just yet*):

- **Day 1:** Sept 16 from Nashville to Bowling Green, KY - **87** mi, 3850' of climbing
- **Day 2:** Sept 17 from Bowling Green to Owensboro, KY - **104** mi, 4900'+ of climbing
- **Day 3:** Sept 18 from Owensboro to the Pennyriple Lodge - **95** mi, 3575'+ of climbing
- **Day 4:** Sept 19 from the Pennyriple Lodge to Clarksville, TN - **95** mi, 4800'+ of climbing
- **Day 5:** Sept 20 from Clarksville to Nashville, TN - **63** mi, 3450'+ of climbing

**Totals for the week = 444 miles with 20,500'+ of climbing**

Since our participant contingent consists primarily of veteran riders, most of you understand the challenges I face in tying urban centers together. While I do my very best to connect our host communities with the safest and most scenic route, I also attempt to minimize the mileage by using the most direct route. But, of course, I like to always be mindful of my favorite Ernest Hemingway quote, "*It is by riding a bicycle that you learn the contours of a country best*", so yes I seek to the share contours of the region!

One of the greatest challenges I face lies in the necessity of getting in and out of our host communities and those occasions when there simply aren't preferred roadways to get between points along our route. But, overall, I am very satisfied with the cycling experience I have designed for you! It will be a wonderful mix of rolling terrain through the beautiful countryside of rural western Kentucky and north central Tennessee.

One final note on the ride is that while the rural nature of the majority of this year's ride lays the groundwork for a really nice cycling experience, it makes the job of locating properly spaced and sufficiently appointed rest stops and lunch locations a bit more of a challenge, so we ask in advance for your understanding of these conditions...thank you!

We have a great ride designed and a wonderful support team on board to make sure that this year's Tour des Trees is one of the most memorable to date! I want to thank all of those who make the Tour possible; our sponsors, the staff at TREE Fund, our support volunteers, the communities who embrace us, and, most of all, our riders who give their time and fund raising efforts so that the tradition of the Tour des Trees lives on!



Ride On!  
Paul Wood - Tour Director

## Tour Checklist

To have the most successful Tour possible, there are a few items you should attend to:

- **Set up your fundraising page.** You can't meet your goal if people can't donate to you!
- **Make travel arrangements** for you and your bike (read our [travel logistics](#) document for details).
- **Participate in our Tour des Trees Event Page on Facebook.** The ride is more fun when it's social!
- **Join the 2019 Tour des Trees Strava Club** to interact with our Tour riders as training for the event commences and continues!
- **Attend TREE Fund After Hours!** Sign up for this *free* event when you register to attend the ISA International Conference, or email [motting@treefund.org](mailto:motting@treefund.org) if you wish to add it to your registration.



## A ROADiD PROMOTION

Cycling can be a dangerous sport, and that is why we are working with **ROADiD** to provide 20% savings on a ROADiD wristband to all of our participants who make their purchase **between July 14 and August 4!** At checkout just use the promo-code below to improve your road safety protocol while not breaking the bank.

Promo Code: **QANFNZ6**



TREE FUND

Tour des Trees to benefit Tree Research and Education Endowment (TREE) Fund

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Cultivating Innovation

Get more Tour des Trees information at  
[treefund.org/tourdestrees](http://treefund.org/tourdestrees)



Tour des Trees

To Benefit TREE Fund

**BIKES, BANJOS, AND  
BLUEGRASS**

**Opening Check-In  
and Dinner**

Sun, Sept 15, 2019 (mandatory)

**Ride Dates**

Mon, Sept 16, 2019 -  
Fri, Sept 20, 2019

**Breakfast  
and Bike Shipping**  
Sat, Sept 21, 2019

TREE FUND IS A 501(C)3 NONPROFIT WHOSE MISSION IS TO SUPPORT SCIENTIFIC DISCOVERY AND DISSEMINATION OF NEW KNOWLEDGE IN THE FIELDS OF ARBORICULTURE AND URBAN FORESTRY